

# 5.

## HOW TO CLEAN YOUR HAIR & SCALP

Now that you have removed your hair addition it is important to remove excess bond and adhesive from your growing hair and scalp. The goal of this step is to prepare your hair and scalp for the re-attachment of your hair addition.

1. First, remove the cotton rope from your head and throw it away.
2. Next, add baking soda to a small bowl,
3. Then, add Clarifying Shampoo and mix the baking soda and Clarifying Shampoo into a paste. **(Do Not Add Water to the mixture until rinsing mixture off in the shower.)**
4. Gently massage paste into all the areas where remover remains. Be sure to start at the scalp and work out towards the mid-shaft of growing hair.
5. Continue adding paste to growing hair, working your way to the sides and back of head. Be sure to gently massage the mixture into hair and scalp where remover remains. For the paste to work allow it to set for 3-5 minutes.
6. Next, comb some Cotton Rope into the teeth of a comb. This will help to remove any excess remover off the hair and scalp.
7. Use comb with cotton to remove excess remover by working from the scalp to mid-shaft of growing hair.
8. Remove cotton and excess remover from your comb...then, repeat as needed.
9. Next, apply Clarifying Shampoo directly to scalp and hair. *It is very important to use a small amount of the Clarifying Shampoo as it is very concentrated. A little goes a long way!*

Continued...

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10. Using your fingers, massage the shampoo into top, sides and back of head where remover was used.

11. Next, proceed to shower and thoroughly rinse out clarifying shampoo.

12. Reapply the Clarifying Shampoo, at least 3-4 times. Use the balls of your fingers to help gently massage the shampoo into a lather. Be sure to thoroughly rinse out all of the remaining adhesive, remover and shampoo.

**Once you have thoroughly cleansed your hair and scalp it is recommended that you follow the normal Beautiful Hair 5-Step maintenance procedures.**

**For a refresher visit  
[Our Maintenance Training](#)  
[Video Tutorial](#)**

**Here You will find an  
extra copy of [Your Complete](#)  
[Maintenance Guide](#)**

