

1.

WHAT'S IN YOUR KIT & WHAT SUPPLIES YOU WILL NEED FROM HOME

This is your Step by Step Instructions to follow along with the Video Tutorial. Take the time to watch the full video before moving into the process, then follow along with the Instructions and review each part of the video time coded in the Instructions.

What's Included In Your Kit:

- Personal Attachment Profile Diagram
- Adhesive Remover - (Marked with Red Dot)
- Adhesive Strips - (Marked with Red Dot with Blue backing)
- Cotton Rope
- (4) Skin Prep Packets
- 99% Alcohol

What Home Supplies Will You Need:

- Baking Soda
- Paper towels
- Hand towel and Face cloth
- Q-Tips
- Hair clip
- Small bowl
- Spoon Scissors or Cuticle Nippers

Before beginning your in-home removal, it is key to prepare for the removal process. To make your removal easier it is recommended that you wait an additional week or two past your normal service time. Having an extra set of hands will greatly help – consider asking a friend, family member or aid to assist you with the following steps:



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2. HOW TO REMOVE

1. First begin by draping yourself with a bath towel
2. Next, gently pull the hair addition hair to the center of the top of your head.
3. Using a clip separate all hair addition hair away from your growing hair so that you are able to easily access the base of your hair addition.
4. Next, wrap the cotton rope around your head twice, being sure the cotton rope is just below your hair addition.
5. Last, securely tie the cotton rope in front of your forehead to capture excess Remover that may run down when applying.
6. Starting at the front hairline – lean head back and squirt or spray a small amount of Adhesive Remover along the edge of the hairline and under the hair addition. Begin from the center of the hairline and apply towards the right side of the hairline. Then, return to the center of the hairline and work towards the left side of the hairline.
7. Give the remover time to work allowing it to sit for one minute while you gently massage the adhesive remover under the base of your hair addition until it begins to release from the head.
8. Next, saturate a Q-Tip with Adhesive Remover and work the Q-Tip under the hair addition to help spread the remover and release the attachment from the scalp and hair. Be sure to take your time and allow the Adhesive Remover to work. Remember more Remover does not release faster only makes it harder to clean up.
9. Using your finger, a Tail Comb or Q-Tip, gently lift the front of the hair addition and keep adding small amounts of Adhesive Remover under the hair addition to release the frontal. Be gentle when separating growing hair from hair addition hair being sure not to break or pull the growing hair.
10. Continue to reapply additional Adhesive Remover, little by little. Gently lift front of hair addition to remove from hair and scalp.

2.

HOW TO REMOVE - CONTINUED

Important: Refer to your Personal Attachment Profile. If the section marked temple to temple says "RED" proceed to 11a. If it says "RED-TRIM" proceed to 11b.

11a. Once the frontal area has lifted, lean your head to the side to begin removing hair addition from sides and back.

- Lift the HP frontal up that has been released, so you are able to see the temple area where the hair is attached, using the Adhesive Remover spray under the HP base working back and continuing to slowly lift the HP away from your scalp.
- Spray additional Remover as needed to loosen the base working back around the head until the HP is completely removed.



11b. Once the frontal area has lifted, lean your head to the side to begin removing hair addition from sides and back.

Note: These next steps would be best done with someone assisting you, especially around the back of the head.

- The only way to remove it is to cut away the hair connected to the HP base.
- Lift the HP frontal up that has been released, so you are able to see the temple area where the hair is bonded and with a pair of scissors or cuticle nippers, begin little by little to cut the growing hair attached to the HP base that is closest to the scalp, being careful not to cut the HP base.
- Keep cutting the attached hair under the HP base, little by little, moving around the head until you have released all the hairs attached to the HP.

3.

HOW TO CLEAN YOUR HAIR & SCALP

Now that you have removed your hair addition it is important to remove excess bond and adhesive from your growing hair and scalp. The goal of this step is to prepare your hair and scalp for the re-attachment of your hair addition.

1. First, remove the cotton rope from your head and throw it away.
2. Next, add baking soda to a small bowl,
3. Then, add Clarifying Shampoo and mix the baking soda and Clarifying Shampoo into a paste. (Do Not Add Water to the mixture until rinsing mixture off in the shower.)
4. Gently massage paste into all the areas where remover remains. Be sure to start at the scalp and work out towards the mid-shaft of growing hair.
5. Continue adding paste to growing hair, working your way to the sides and back of head. Be sure to gently massage the mixture into hair and scalp where remover remains. For the paste to work allow it to set for 3-5 minutes.
6. Next, comb some Cotton Rope into the teeth of a comb. This will help to remove any excess remover off the hair and scalp.
7. Use comb with cotton to remove excess remover by working from the scalp to mid-shaft of growing hair.
8. Remove cotton and excess remover from your comb...then, repeat as needed.
9. Next, apply Clarifying Shampoo directly to scalp and hair. *It is very important to use a small amount of the Clarifying Shampoo as it is very concentrated. A little goes a long way!*

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HOW TO CLEAN YOUR HAIR & SCALP - CONTINUED

10. Using your fingers, massage the shampoo into top, sides and back of head where remover was used.

11. Next, proceed to shower and thoroughly rinse out clarifying shampoo.

12. Reapply the Clarifying Shampoo, at least 3-4 times. Use the balls of your fingers to help gently massage the shampoo into a lather. Be sure to thoroughly rinse out all of the remaining adhesive, remover and shampoo.

Once you have thoroughly cleansed your hair and scalp it is recommended that you follow the normal Beautiful Hair 5-Step maintenance procedures.

For a refresher visit
Our Maintenance Training
Video Tutorial

Here You will find an
extra copy of **Your Complete**
Maintenance Guide



4.

HOW TO CLEAN YOUR HAIR ADDITION

Now that your growing hair and scalp have been cleaned and prepared for reattachment is important to clean your hair addition. This step will allow for the best possible reapplication

1. First, place your hair addition on a rolled-up hand towel with the inside facing up.

2. Next, begin to draw hair away from base.

3. Using the 99% Alcohol, saturate a paper towel or make-up remover pad and begin wiping the underbody of the base of the hair addition. (It is important to not use cotton.)

- Please note: **You will not need to remove all adhesive or bond from the hair addition base.** To allow for the best reattachment back onto your head, only clean the surface as best as you can being sure that "stickiness" has been eliminated.

5. Repeat this wiping action on sides and back of hair addition. Be sure to reapply 99% alcohol to pad as you continue to wipe base. Replace paper towel or make-up pad as needed.

- If any adhesive or bond partially release from the base, simply cut off released section and continue to clean the outer perimeter.

6. Next, using the wiping action wipe hair that is closest to the base to lift out any remover that may have gotten into the hair.

7. Let stand for 10 minutes, to allow 99% Alcohol to evaporate before moving to next step.

5.

PREPARE FOR REATTACHMENT

Before beginning your temporary reattachment, it is key to prepare your hair addition for the reattachment. Be sure to locate the adhesive strips that were included with your kit along with and your personal attachment diagram.

Please Note The Following Tip:

- When applying Adhesive Strips to the base of your hair addition, be sure to ONLY peel the white side off.
 1. Begin in the front of your hair addition. Apply Adhesive Strips marked with **RED DOT** and with blue backing one piece at time.
 2. Place each Adhesive Strip next to each previous adhesive strip. Be sure to leave colored backing on adhesive strips until you are ready to reattach. **(Be sure to firmly press the Adhesive Strips onto the base of hair addition to fully secure.)**
 - **Tip:** If you make a mistake when pulling the backing off the Adhesive Strip simply dispose of that strip and start with a new strip rather than trying to reuse the strip and creating more of a challenge.
 3. Repeat this process until the front section is completed.
 4. Next, begin applying Adhesive Strips to the temple to temple area (sides and back).
 5. Place each Adhesive Strip next to each previous adhesive strip. Be sure to leave colored backing on adhesive strips until you are ready to reattach. **(Be sure to firmly press the Adhesive Strips onto the base of hair addition to fully secure.)**

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PREPARE FOR REATTACHMENT - CONTINUED

6. Next, slightly bend back the edge of the colored backing of each Adhesive strip. This will allow for easy removal of all the adhesive strip backings when you are ready to reattach to your head.

7. Once you complete the temple to temple section of your hair addition be sure to once again **firmly press the Adhesive Strips onto the base of hair addition to fully secure.**

8. Next, using a blow dryer on a low and warm setting, slightly heat up the Adhesive Strips. This will make the hair addition adhere better.

9. Lastly, when you are ready to attach, remove all of the colored backings from the Adhesive Strips and proceed to the next step.



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REATTACH HAIR ADDITION

The final step of your In-Home Hair Care Kit is to temporarily reattach your hair addition. Remember, this re-attachment is a temporary solution, bridging the time between now and when we can see you for your next full-service appointment.

Please Note The Following Tip:

- You will want to do this in front of a large mirror. A hand mirror can also be handy to assist you with seeing where you are placing your hair addition.
1. First, place your hair addition on a rolled-up hand towel with the inside facing up.
 3. Next, apply Skin Prep to the full scalp and outer 1/2" of growing hair by wiping pad over the top of your head. You may use two pads if needed.
 4. Allow Skin Prep to evaporate for 2 minutes.
 5. Remove all colored backings from the Adhesive Strips.
 6. Take the HP into both your hand, the base facing up and the front of the HP pointing towards your chest.
 7. Looking into the mirror identify your hairline or where you want to place your HP.
 8. Place the HP on your hairline, but before securing it look into the mirror again to see how it lines up with your hairline or where you wear your HP.
 9. Working the HP from front to back, slightly stretching it back and securing it as you roll it back over your crown - like placing a band-aid.
 10. Once the HP is down - press with your fingers from front all around to back with your fingers to secure HP to your head.

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REATTACH HAIR ADDITION - CONTINUED

11. The press with Friction Free Towel slowly from front, top and to the back.
12. Do not go immediately into styling your hair, simply brush hair into place and allowing it to dry naturally is best.
13. Once the HP is attached to your head, continue to press with fingers frequently during the next 10-15 minutes for best security.